



**Here is your packing guide for campers.  
PLEASE LABEL ALL ITEMS and LABEL BAGS!**

**THEME DAYS** - Bring dress up gear for each day. Everyone dresses up, we may have some stuff to share, don't plan on not dressing up.

- Thursday – Hippie/Disco
- Friday – Space/take flight – things that fly! (Astronauts, pilots, dragons, fairies, etc.)
- Saturday – Hollywood – favorite movie character (camp appropriate please)
- Sunday – No place like home: final day of camp no dress up

#### **CABIN ITEMS**

- Sleeping Bag
- Pillow
- Security blanket or stuffed animal (if applicable)
- Laundry Bag or Extra Pillowcase for laundry
- Shower Shoes
- Toothbrush and Toothpaste
- Soap

#### **CLOTHES**

- 4 pairs of underwear & socks
- 3 pairs of pants
- 3 pairs of shorts
- 1 pair of sweatpants
- Sweatshirt
- Rain jacket/poncho
- Hat
- Sunglasses
- Water Shoes
- Tennis Shoes
- Swimsuit – needs to be conservative or a covering should be provided
- Pajamas

#### **Do not bring:**

- X Portable electronics**
- X Valuables**
- X Open Toe Shoes**
- X Food**
- X Cell Phones**

#### **PERSONAL CARE ITEMS**

- Shampoo
- Towel and Washcloth
- Beach Towel
- Comb/Brush (hair accessories)
- Sunscreen/Chap-stick/bug spray
- Any other necessary personal items

#### **Medications/Supplements**

- Medication sent to camp needs to be in original container with the camper's name, medication name, and dosing instructions.
- Send enough medication to cover the duration of camp.
- No daily or weekly pill holders
- Send medical appliances used at home (IV pumps, tube feeding supplies, CPAPs/BiPaps etc.)